



**USATF National Officials Committee
National Level Track & Field Rules Review- 2005-2008 Olympiad Edition**

**PART 2 – APPLICABLE FOR NATIONAL & MASTERS LEVEL
CERTIFICATIONS**

Instructions: The following review questions are divided into True/False and Multiple Choice. The questions are derived from the *USA Track & Field 2004 Competition Rules*. Please PRINT your answers on the **ANSWER SHEET** provided and return to your Association Certification Chair for his/her review.

Purpose: The goal is that every certified official be familiar with the current content and location of the rules applied to USATF competitions. Effective competition officials acquire and maintain current rule books and updates for the purpose of not having to rely on memory alone in making decisions in track and field competitions.

Note: This 2004-2008 Olympiad Rules Review requires the *USA Track & Field 2004 Competition Rules* in **CONJUNCTION** with any subsequent USATF updates.

SECTION 1 – TRUE/FALSE response. (If the question is partially false, the entire question is to be considered false)

- T F 1. (Non Championships) So far as possible, the rules of the conduct of Championships shall apply to all other competitions conducted/sanctioned by USATF or any of its Associations.
- T F 2. (Meet personnel)The local organizing committee (LOC) shall appoint all Competition Officials, except for those events covered by Regulation 4H in the governance manual.
- T F 3. The Referee may consider any available evidence including film or picture produced by an official video tape recorder, or any available video evidence.
- T F 4. In the absence of an imaging finish device, the primary determination of the order of the finish shall be made by the Judges at the finish.
- T F 5. In relays, an umpire shall use permanent marker to identify the position where the baton was passed outside the zone.
- T F 6. The starters shall be clearly identifiable and shall be positioned so that there is full visual control over all the runners during the start of the race.
- T F 7. The Competition Secretary shall cause all start lists, including any amendments to start lists, to be distributed appropriately to other officials.
- T F 8. The Combined Events Coordinator shall be present at all times to assist in the conduct of the event and shall report to the assigned meet coordinator.

T F 9. Athletes competing in an event on the infield can, during competition, cross to the outside of the track to confer with their coach.

T F 10. Measurements made with fiberglass tapes shall not be acceptable for records.

T F 11. In relay races being run in lanes, a runner may place unlimited check marks within his/her own lane.

T F 12. In non-championship competition, in the discretion of the Games Committee, the number of trials allowed to each competitor may be reduced to four.

T F 13. For the Pole Vault, it is required that the base of the uprights be covered with padding for protection of the athlete.

T F 14. In the High Jump, there shall be a space of at least 1 cm between the ends of the crossbar and the uprights.

T F 15. In the Long Jump, an athlete takes off to either side of the take-off board, whether beyond or behind the take-off line extended, is counted as a failure or foul.

T F 16. In throwing events, it is not a failure or foul if the competitor leaves the circle/runway before the implement has landed.

T F 17. In throwing events (hammer/discus), a throw may be valid even if the implement has touched the cage.

T F 18. Unlike the vertical and horizontal jumps, a competitor in the javelin is not permitted to cross either of the runway parallel lines for a valid throw.

T F 19. In Combined Events, false starts are called on individuals, not on the field.

T F 20. In Race Walking, all judges must be certified by USATF exclusively.

T F 21. Records made in heats or qualifying trials, in deciding ties, and in the combined events will be accepted.

T F 22. No throwing event record will be accepted unless the implement was impounded and re-certified as legal following the record.

T F 23. In Youth and Masters Competition, false starts are called on the individuals, and not on the field.

T F 24. The Masters Long Distance Running Committee shall conduct and supervise a program for LDR for all athletes over the age of 50.

T F 25. In wheelchair races, to determine the finish, it is the torso of the athlete that is considered.

SECTION II – MULTIPLE CHOICE RESPONSES

1. Jury of Appeal :

- a. composed of 3-5 persons
- b. preferably certified officials

- c. considers decisions of the referee
 - d. All of the above
2. If there is no Field Event Referee appointed, then:
- a. the running referee takes over
 - b. no records will be measured
 - c. the head field judge shall take the place of the referee
 - d. None of the above
3. It shall be the duty of any umpire to:
- a. watch the competition closely
 - b. indicate a foul/violation by waving a yellow flag
 - c. to report, orally and in writing, what was observed
 - d. All of the above
4. No lap scorer shall be responsible for more than:
- a. four runners
 - b. five runners
 - c. seven runners
 - d. None of the above
5. The Inspector of Implements shall be responsible for all the following EXCEPT:
- a. weigh and measure competition implements
 - b. released the failed implements *prior* to competition
 - c. place a designation mark on each passed implement
 - d. can certify additional implements between qualifying rounds and in competition proper
6. In races that do not start in lanes, competitors may be divided into two groups and placed on separate arced starting lines according to the following:
- a. 65% of runners placed on outer lanes arced line
 - b. 35% of runners placed on inner lane arced line
 - c. 65% of runners placed on inner lane arced line
 - d. None of the above
7. Unless a material advantage is gained, a competitor shall **not** be DQ'd if he or she
- a. is pushed/forced by another competitor to run out of their lane
 - b. runs out of the lane on the straightaway and does not impede
 - c. runs outside of the outer lane line on the curve
 - d. All of the above
8. The periods for which the wind will be measured are as follows:
- a. 100 meters = 10 seconds
 - b. 100 meters = 13 seconds
 - c. 100 meter hurdles = 10 seconds
 - d. All of the above
9. Time in minutes for initiating Field Events in open competition with **ONE** athlete remaining:
- a. High Jump = 3 minutes, Pole Vault = 5 minutes
 - b. High Jump = 1.5 minutes, Pole Vault = 2 minutes
 - c. High Jump = 1 minute, Pole Vault = 1 minute
 - d. None of the above
10. In the Hammer and Weight Throw, which of the following is true:

- a. gloves are permitted
 - b. tops of the fingers of the gloves must not be closed
 - c. taping the glove to or at the wrist is acceptable
 - d. All of the above are true
11. Which of the following is NOT true in measuring vertical jumps:
- a. measurement of new height before competitor(s) attempt such height
 - b. No measurement needed if new crossbar is substituted for broken one
 - c. Measure record height and recheck if crossbar displaced
 - d. All of the above
12. In the High Jump, indicator lines shall be drawn:
- a. 50 mm wide
 - b. extends for 3 meters on either side of the uprights
 - c. nearer edge of line is drawn along nearer edge of uprights
 - d. All of the above
13. Which of the following is NOT considered a failure in the Pole Vault:
- a. crossbar does not remain on pegs due to competitor action
 - b. competitor touches area beyond vertical plane of stopboard
 - c. runs outside the white lines marking the runway at any point
 - d. during the vault, the vaulter steadies/replaces the bar with hand (s)
14. In the horizontal jumps, it is a failure/foul if:
- a. a mark in the plasticine is produced by the athlete
 - b. runs outside the white line marking the runway
 - c. exits the pit closer to the take-off line nearest break in sand
 - d. A & C only
15. In throwing events, competitors may use a suitable substance only on their hands except in the case of the following where an athlete may apply substance to an additional area:
- a. Shot Put
 - b. Hammer throw
 - c. A & B
 - d. None of the above
16. Race Walking Officials may be appointed to assist in the administration of the race:
- a. by administering the DQ proposal board
 - b. recording info for the Chief Judge
 - c. overseeing/coordinating the functions of the Lap Counters
 - d. All of the above
17. In Long Distance road events, organizers must ensure the safety of all competitors by providing:
- a. drinking/sponging/refreshment stations
 - b. adequate first aid stations
 - c. under 18 aged athletes in races longer than 5 miles need parent/guardian statement signed
 - d. All of the above
18. No Records shall be acceptable unless they were made in an event and sanctioned by at least one of the following:
- a. National Officials Committee

- b. USATF or other approved organization such as the IAAF
 - c. both A & B
 - d. none of the above
19. For all outdoor records in open competition, where wind readings are required, the average velocity of the wind shall not exceed:
- a. 2.01 meters per second
 - b. 2.00 meters per second
 - c. 1.99 meters per second
 - d. None of the above
20. In Youth athletics, an athlete is competing in two events simultaneously, with one event being the Shot Put. What is allowed?
- a. no time limit imposed on excused athletes
 - b. must return before conclusion of prelims and/or finals
 - c. may take attempts in succession before or after being excused
 - d. All of the above
21. In Masters competition in the vertical jumps, during competition, which one of these situations is allowed:
- a. one warm up jump shall be allowed for each 3 passed consecutive heights.
 - b. warm up jumps can be made with a crossbar
 - c. can pass 6 consecutive heights and get 2 consecutive warm up jumps
 - d. None of the above
22. In Wheelchair competitions, it is compulsory in all individual and team track races of 800m and over, including the 4x400 and in all road races, that:
- a. reflectors are mounted on the wheelchair
 - b. helmets must be worn
 - c. both A & B
 - d. None of the above
23. In Wheelchair competition, progression by any other method except the competitor pushing the wheels or hand rims will result in:
- a. victory
 - b. 10 second penalty on final time
 - c. disqualification
 - d. None of the above
24. In Wheelchair relay competition, each team shall be allowed:
- a. two adjacent lanes
 - b. to stay in their single 42" inch lane
 - c. A & B
 - d. None of the above
25. In Wheelchair competitions in track or road races:
- a. mirrors are allowed
 - b. mirrors are not permitted
 - c. only factory equipped mirrors are allowed
 - d. All of the above.

Part 2 Answer Form
National Level Rules Review for Track Field

2005-2008 Olympiad



Name: _____ Phone _____ # Correct _____
 Address _____ % Correct _____

Instructions: Fill out complete form. From the attached Rules Review, indicate the appropriate answer.

Year of Rulebook Used: _____

| # | True/False | Rule | Page | # | Multiple Choice | Rule | Page |
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