



2007 USATF SOUTHERN ZONE INDOOR CHAMPIONSHIP

Louisiana State University/Baton Rouge – Field House

Sanctioned Event

Baton Rouge, Louisiana
February 18, 2007

Sponsored and Sanctioned by USA Track & Field Southern Association
and
Baton Rouge Track Club

HOST: Greg Brown: USATF – Region 6 Coordinator/ Co-Meet Director
Jackie Callendar- Youth Chair- Southern Assoc. / Co- Meet Director
Roderick Newton – President – Southern Association
Gloria Louis – Officials Chair - Southern Association

LOCATION: Louisiana State University; N. Stadium Drive
Baton Rouge, Louisiana 70803

START TIME: 8:00 a.m.

AGE DIVISIONS: (Youth Zonal Meet) – Bantam Girls & Bantam Boys (Born 1997 & after)
Midget Girls & Midget Boys (Born 1995 & 1996)
Youth Girls & Youth Boys (Born 1993 & 1994)

Intermediate Boys and Girls (Born 1992 & 1991)
Young Men and Women (Born 1990 & 1989)
Masters

* Note: Bantam athletes & Midget athletes are allowed to compete in three (3) events- including relays. Youth thru Masters are allowed to compete in four (4) events- including relays.

ELIGIBILITY: 2007 Membership in USA Track & Field is required. Birth Verification Required(Birth Certificate, Passport, or Government ID). In order to run a Relay, athletes must be a member of the same participating Club or organization which must be a current member in “good standing” with USATF.

ENTRY FEES: \$8.00 per event - \$32.00 per relay(4 to 6 athletes)

ADMISSION: Adult tickets \$5.00. Children tickets \$2.00 (Children under 3 yrs. of age free). All 2007 USATF members will be admitted free. Coaches and members must show current 2007 membership for admission.

REGISTRATION: Entries will be processed by Coach O (www.coacho.com)
No mail in or faxed registrations will be accepted; No day of meet entries.
Fax or email copies of USATF cards and birth verification to:
225-389-3918 or gregbrown4@hotmail.com by entry deadline 02/14/07.

DEADLINE: All entries must be received by February 14, 2007

FACILITIES: Six lane (8 lane straight away) 200m flat track
Spikes 1/8" or less will be allowed – NO needle spikes

TIMING: Hy-Tek timing will be used

AWARDS: Youth- USATF Indoor Zonal Medals 1st – 6th.
Intermediate thru Masters- Custom 1st- 3rd; Ribbons 4th-6th

RULES: In accordance with 2007 Competition Rule Book.
Only competing athletes will be permitted on the track or infield area, except for medical emergencies.

EVENTS:

<u>FIELD EVENTS</u>	<u>TRACK EVENTS</u>
Shot Put Long Jump	55m dash 55 m Hurdles 800m Run
High Jump	200m dash 4x 200 m Relay 1500m Run
Pole Vault (youth thru masters)	400m dash 4x400 m Relay 3000m Run
Triple Jump (youth thru masters)	

RUNNING EVENTS: All running events will be conducted as timed finals, except the 55m dash – which will have trials & finals.
All relay team members must wear a top and shorts of the same color.
Events will be run youngest to oldest – girls first except for hurdles which will be run oldest to youngest, boys first.

FIELD EVENTS: All Competitors in the Long jump and Shot put will be given three attempts with the top six advancing to the finals. All throwing implements will be certified prior to use.

PROTESTS: All protest must be made in writing to the referee not later than 30 minutes after the results of an event has been announced. Proper rule must be cited.
All protest must be accompanied by a \$50 cash deposit.
Deposit will be refunded if protest is upheld/forfeited if denied.

CHECK-IN: Two calls will be given for each event.
Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area.
Field event athletes must report directly to the official in charge of their event.
Athletes must report back to their field event within five minutes of completion of their running event or before the event has finished.

CONDUCT: Parents and coaches are responsible for the conduct of their team members. Failure to maintain control and to display good sportsmanship could result in the removal of the team or individual from further competition.

HEADQUARTERS: Meet headquarters will the University Inn & Conference Center
(225) – 236-4000
Ask for "Indoor Classic" rate - \$89
Room block held until 2-10-07 – after as space is available

PACKET PICK-UP: Packet pick-up – 5 p.m. – 9 p.m. on 2-17-2007 at meet Headquarters
Packet pick-up – 7a.m. – until at track on 2-18-2007

Additional Info: Call Greg Brown at 225 -389- 5195 or email at gregbrown4@hotmail.com
Or go to web site www.USATF.ORG/ASSOC/SOUTHERN/



2007 USATF SOUTHERN ZONE CHAMPIONSHIP

SCHEDULE of EVENTS

Date: Sunday, February 18, 2007

Start Time: 8:00 a.m. – Track Events
7:45 a.m. – First Call

Note: Meet will run on a continuous basis.

Track Events

Age Group & Order

3000 m run	Midget thru Masters
55 m hurdles	Midget thru Masters
4 x 200 m relay	All ages
800 m run	All ages
55 m dash	All age heats
**Advancement to the 55m dash final will be the eight fastest times	
400 m dash	Bantam thru Masters
1500 m run	Bantam thru Masters
200 m dash	All ages
55 m dash finals	All ages
4 x 400 m relay	All ages

Start Time: 8:00 a.m. - Field Events

7:45 a.m. – First Call

Long Jump

High Jump

Shot Put

Pole Vault

Triple Jump

Open/Master M	Youth Girls	Bantam Boys	Youth Girls	Inter G./Young W
Inter. B/Young M	Youth Boys	Bantam Girls	Youth Boys	Open/Master W
Inter. G/Young W	Inter. Boys/Young M	Midget Girls	Inter. Boys/Young M	Open/Master Men
Open/Master W	Open /Master Men	Midget Boys	Open/Master Men	Inter. Boys/Young M
Midget Boys	Open/ Master W	Youth Girls	Open/Master W	Youth Boys
Midget Girls	Bantam Boys	Youth Boys	Inter G./Young W	Youth Girls
Youth Girls	Bantam Girls	Inter-G/Young W		
Youth Boys	Midget Boys	Open/Master W		
Bantam Girls	Midget Girls	Inter. B/Young M		
Bantam Boys	Inter G./Young W	Open Master Men		

To register online go to www.coacho.com. You must be a current USATF Card holder to compete. Birth Verification required (Birth Certificate, Passport, or Government ID). To register you must have a 2007 membership number.

FEES: Individual Event- \$8.00

Relay Events- \$ 32.00 (4 to 6 athletes)